





CÉSAR CABAL

Certified Nursing Assistant (CNA)

CONTACT

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Edison, NJ 
[LinkedIn](#) 

EDUCATION

Certificate of Achievement
Nursing Assistance
Middlesex County College
Edison, NJ
2017

High School Diploma
Edison High School
Edison, NJ
2012 - 2016

SKILLS

Vital Signs
Privacy and HIPAA regulations
Electronic Medical Records (EMR)
Medication Administration
Patient Care
Patient Advocacy
Microsoft Office (Word, PowerPoint)

CERTIFICATIONS

Certified Nursing Assistant (CNA), 2019
First Aid and CPR (ARC), 2019

CAREER OBJECTIVE

Certified Nursing Assistant excited to help residents at Christian Health Care Center feel healthy and at home. A detail-oriented mindset and warm personality have made me a valuable advocate for residents and their needs throughout my career.

WORK EXPERIENCE

Certified Nursing Assistant

Cranford Park Rehabilitation / 2019 - current / Cranford, NJ

- Assisted nurses in monitoring restorative care and other clinical programs, i.e., bowel and bladder.
- Designed and led a weekly music hour for the residents, which averaged 40% total resident participation.
- Created spreadsheet to keep track of equipment and supply needs, which is now used by the entire floor and keeps the D.O.N. informed of potential shortages.
- Conducted periodic resident care and unit checks with appropriate documentation, which included measuring and recording resident temperatures and blood pressure.
- Ensured that all CNAs followed best practices of medical asepsis, sterile techniques and universal precautions to avoid infection of residents and self-contamination of equipment and supplies.

Certified Nursing Assistant

Reformed Church Home / 2017 - 2019 / Old Bridge, NJ

- Performed several functions of resident care including grooming and hygiene, collecting vitals signs, ROM and proper body alignment, and transportation to activities/ scheduled appointments.
- Observed residents, built strong relationships, and reported any unusual condition, accident or incident to nurse.
- Made rounds on assigned residents at the beginning of each shift and at least every hour thereafter.
- Assisted in the orientation and training of 4 new C.N.A's.
- Worked closely with residents to serve meals and maintain detailed meal documentation.